

5-year curriculum overview

Physical Education (Core)



Heworth Grange
School
Enriching Lives, Inspiring Ambitions



Proud to be part of
Consilium
Academies

Year 7

Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
<p>Basketball Ball familiarisation and passing. Dribbling and pivoting. Passing and movement off the ball. Shooting (set shot). Shooting (lay-up). Outwitting an opponent.</p> <p>Football Movement with the ball. Passing and movement off the ball. Passing variations. Shooting. Outwitting an opponent. Outwitting an opponent.</p> <p>Netball Sending and receiving skills. Movement - footwork and dodging. Shooting. Timing and movement. Marking a player. Application of skills through game play.</p>	<p>Badminton Grip and ready position. Service and court markings. Introducing an overhead clear. Introducing an underarm clear. Outwitting opponents in competitive games.</p> <p>Gymnastics Rolls and rotations – forward, side and teddy bear rolls. Jumps and twist – develop shapes and twists with variety of take-off and landings. Using basic equipment safely – Using benches and box tops to move along over and under to add depth to routines. Balances – Points and patch balances. Partner balances. Routine creation.</p> <p>Health Related Fitness Cardiorespiratory responses to exercise – heart rate and breathing rate. Changing exercise intensities – Maximal and submaximal work Identifying components of fitness. Circuit training – Muscular endurance. Hyrox training. Fitness testing.</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Badminton Grip and ready position. Service and court markings. Introducing an overhead clear. Introducing an underarm clear. Outwitting opponents in competitive games.</p> <p>Gymnastics Rolls and rotations – forward, side and teddy bear rolls. Jumps and twist – develop shapes and twists with variety of take-off and landings. Using basic equipment safely – Using benches and box tops to move along over and under to add depth to routines. Balances – Points and patch balances. Partner balances. Routine creation.</p> <p>Health Related Fitness Cardiorespiratory responses to exercise – heart rate and breathing rate. Changing exercise intensities – Maximal and submaximal work Identifying components of fitness. Circuit training – Muscular endurance. Hyrox training. Fitness testing.</p> <p>Orienteering Using a map to choose direction of travel. Planning routes and traveling efficiently. Working as a team to locate markers Team relay races Relay race for markers (Timed Event) Extended course of orienteering.</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Badminton Grip and ready position. Service and court markings. Introducing an overhead clear. Introducing an underarm clear. Outwitting opponents in competitive games.</p> <p>Gymnastics Rolls and rotations – forward, side and teddy bear rolls. Jumps and twist – develop shapes and twists with variety of take-off and landings. Using basic equipment safely – Using benches and box tops to move along over and under to add depth to routines. Balances – Points and patch balances. Partner balances. Routine creation.</p> <p>Health Related Fitness Cardiorespiratory responses to exercise – heart rate and breathing rate. Changing exercise intensities – Maximal and submaximal work Identifying components of fitness. Circuit training – Muscular endurance. Hyrox training. Fitness testing.</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Athletics Javelin Shot Long jump High jump Sprint Relay Pacing</p> <p>Badminton Grip and ready position. Service and court markings. Introducing an overhead clear. Introducing an underarm clear. Outwitting opponents in competitive games.</p> <p>Gymnastics Rolls and rotations – forward, side and teddy bear rolls. Jumps and twist – develop shapes and twists with variety of take-off and landings. Using basic equipment safely – Using benches and box tops to move along over and under to add depth to routines. Balances – Points and patch balances. Partner balances. Routine creation.</p> <p>Health Related Fitness Cardiorespiratory responses to exercise – heart rate and breathing rate. Changing exercise intensities – Maximal and submaximal work Identifying components of fitness. Circuit training – Muscular endurance. Hyrox training. Fitness testing.</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p> <p>Softball Fielding skills – catching and throwing. Batting skills – striking. Fielding skills – sending underarm. Fielding skills – ground fielding and sending to a target. Batting skills – aiming and control. Outwitting an opponent – batting.</p>	<p>Athletics Javelin Shot Long jump High jump Sprint Relay Pacing</p> <p>Softball Introduction to Softball and Throwing Techniques. Catching and Fielding Fundamentals Batting Technique and Hitting Drills Pitching (Slow-Pitch) Batting Baserunning</p>

Year 8

Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
<p><u>Basketball</u> Developing passing, pivoting, and dribbling. Attacking and outwitting an opponent. Defending skills. Shooting. Develop shooting. Outwitting opponents.</p> <p><u>Football</u> Travelling with the ball to outwit an opponent. Developing passing skills. Developing shooting skills. Developing an attack. Defensive strategies. Outwitting an opponent</p> <p><u>Netball</u> Recapping fundamental skills. Making purposeful movements. Shooting development. Defensive play. Application of rules and tactics.</p>	<p><u>Badminton</u> Ready position. Developing overhead shots – clear. Developing overhead shots – smash. Developing service techniques Introducing backhands shots. Outwitting opponents in competitive game play.</p> <p><u>Gymnastics</u> Partner and mirror & matching balances. Group balances and routine development. Flight. Vaulting work – basic approach and through vault on box/pommel horse. Routine creation.</p> <p><u>Health Related Fitness</u> Cardiorespiratory responses to exercise – heart rate and breathing rate. Components of fitness – Aerobic endurance. Components of fitness – Muscular endurance and strength. Components of fitness – Speed and agility. Sport specific application of components of fitness – Muscular and aerobic endurance. Sport specific application of components of fitness – Speed and agility.</p> <p><u>Trampolineing</u> Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p><u>Badminton</u> Ready position. Developing overhead shots – clear. Developing overhead shots – smash. Developing service techniques Introducing backhands shots. Outwitting opponents in competitive game play.</p> <p><u>Gymnastics</u> Partner and mirror & matching balances. Group balances and routine development. Flight. Vaulting work – basic approach and through vault on box/pommel horse. Routine creation.</p> <p><u>Health Related Fitness</u> Cardiorespiratory responses to exercise – heart rate and breathing rate. Components of fitness – Aerobic endurance. Components of fitness – Muscular endurance and strength. Components of fitness – Speed and agility. Sport specific application of components of fitness – Muscular and aerobic endurance. Sport specific application of components of fitness – Speed and agility.</p> <p><u>Orienteering</u> Strategic planning to find markers as quickly as possible. Map orientation skills Strategic route planning Strategic team planning Using landmarks to locate position. Using Grid References to find markers</p> <p><u>Trampolineing</u> Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p><u>Badminton</u> Ready position. Developing overhead shots – clear. Developing overhead shots – smash. Developing service techniques Introducing backhands shots. Outwitting opponents in competitive game play.</p> <p><u>Gymnastics</u> Partner and mirror & matching balances. Group balances and routine development. Flight. Vaulting work – basic approach and through vault on box/pommel horse. Routine creation.</p> <p><u>Health Related Fitness</u> Cardiorespiratory responses to exercise – heart rate and breathing rate. Components of fitness – Aerobic endurance. Components of fitness – Muscular endurance and strength. Components of fitness – Speed and agility. Sport specific application of components of fitness – Muscular and aerobic endurance. Sport specific application of components of fitness – Speed and agility.</p> <p><u>Trampolineing</u> Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p><u>Athletics</u> Javelin Shot Long jump High jump Sprint Relay Pacing</p> <p><u>Badminton</u> Ready position. Developing overhead shots – clear. Developing overhead shots – smash. Developing service techniques Introducing backhands shots. Outwitting opponents in competitive game play.</p> <p><u>Gymnastics</u> Partner and mirror & matching balances. Group balances and routine development. Flight. Vaulting work – basic approach and through vault on box/pommel horse. Routine creation.</p> <p><u>Health Related Fitness</u> Cardiorespiratory responses to exercise – heart rate and breathing rate. Components of fitness – Aerobic endurance. Components of fitness – Muscular endurance and strength. Components of fitness – Speed and agility. Sport specific application of components of fitness – Muscular and aerobic endurance. Sport specific application of components of fitness – Speed and agility.</p> <p><u>Trampolineing</u> Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p> <p><u>Softball</u> Developing fielding skills – catching and throwing. Developing batting skills – a variety of shots. Developing fielding skills – ground fielding, sending to a target and backing up. Outwitting an opponent – fielding team.</p>	<p><u>Athletics</u> Javelin Shot Long jump High jump Sprint Relay Pacing</p> <p><u>Softball</u> Re-introduction to Softball and Throwing Techniques. Catching and Fielding under pressure. Developing batting technique Developing Pitching and Base Running Game Play and Tactical Development</p>

Year 9

Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
<p>Basketball Refining passing, dribble, and shooting. Strategies for defending. Strategies for attack. Refining a lay-up. Developing game tactics. Outwitting an opponent in a game situation.</p> <p>Football Refining passing and control skills. Protecting the ball and maintaining possession. Refining shooting skills. Developing attacks through purposeful movements. Refining defensive tactics. Outwitting an opponent.</p> <p>Netball Refining passing skills. Improving decision making. Outwitting an opponent – attacking as a team. Outwitting an opponent as an individual. Tactics to outwit an opponent. Application through games play.</p>	<p>Badminton Refining the ready position. Refining the overhead clear. Developing drop shots – underarm. Developing drop shots – overhead. Outwitting opponents - Doubles game play. Outwitting an opponent in competitive singles game play.</p> <p>Health Related Fitness Cardiorespiratory responses to exercise – training intensities High intensity training Methods of training speed. Circuit training – training different components of fitness. Circuit training – pupil led. Hyrox pairs event</p> <p>Table Tennis Grip and backhand push. Forehand push. Backhand and forehand push combinations. Serve. Outwitting an opponent in competitive game play.</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Badminton Refining the ready position. Refining the overhead clear. Developing drop shots – underarm. Developing drop shots – overhead. Outwitting opponents - Doubles game play. Outwitting an opponent in competitive singles game play.</p> <p>Health Related Fitness Cardiorespiratory responses to exercise – training intensities High intensity training Methods of training speed. Circuit training – training different components of fitness. Circuit training – pupil led. Hyrox pairs event</p> <p>Table Tennis Grip and backhand push. Forehand push. Backhand and forehand push combinations. Serve. Outwitting an opponent in competitive game play.</p> <p>Orienteering Basic concepts of Orienteering. Location and Terrain Picture Challenges. Strategic planning challenge Using grid references to find markers. Creating a course Introduction to bearings</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Badminton Refining the ready position. Refining the overhead clear. Developing drop shots – underarm. Developing drop shots – overhead. Outwitting opponents - Doubles game play. Outwitting an opponent in competitive singles game play.</p> <p>Health Related Fitness Cardiorespiratory responses to exercise – training intensities High intensity training Methods of training speed. Circuit training – training different components of fitness. Circuit training – pupil led. Hyrox pairs event</p> <p>Table Tennis Grip and backhand push. Forehand push. Backhand and forehand push combinations. Serve. Outwitting an opponent in competitive game play.</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Athletics Javelin Shot Long jump High jump Sprint Relay Pacing</p> <p>Badminton Refining the ready position. Refining the overhead clear. Developing drop shots – underarm. Developing drop shots – overhead. Outwitting opponents - Doubles game play. Outwitting an opponent in competitive singles game play.</p> <p>Health Related Fitness Cardiorespiratory responses to exercise – training intensities High intensity training Methods of training speed. Circuit training – training different components of fitness. Circuit training – pupil led. Hyrox pairs event</p> <p>Table Tennis Grip and backhand push. Forehand push. Backhand and forehand push combinations. Serve. Outwitting an opponent in competitive game play.</p> <p>Softball Re-introduction to Softball and Refining Throwing Techniques. Refining batting technique Fielding Positions & Game Awareness. Pitching and Base Running Tactical Awareness & Small-Sided Games Full Game and Assessment</p>	<p>Athletics Javelin Shot Long jump High jump Sprint Relay Pacing</p> <p>Softball Re-introduction to Softball and Refining Throwing Techniques. Refining batting technique Fielding Positions & Game Awareness. Pitching and Base Running Tactical Awareness & Small-Sided Games Full Game and Assessment</p>

Year 10

Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
<p>Basketball Attacking and defensive strategies. Movements to receive the ball. Application of strategy. Refining performance. Outwitting an opponent (full court)</p> <p>Football Attacking and defensive strategies. Passing variations. Application of attacking and defensive strategies. Refining the application of core skills. Application of skills (11v11 format)</p> <p>Netball Outwitting opponents – centre pass tactics. Outwitting opponents – using a drive. Outwitting opponents – attacking strategies Outwitting opponents – defensive strategies. Addressing weaknesses in performance. Application of skills through game play.</p>	<p>Badminton Overhead shot combinations. Refining underarm shot combinations.. Singles tactics – use of space. Singles tactics – deception. Outwitting an opponent Singles game play. Outwitting opponents Doubles game play.</p> <p>Health Related Fitness Baseline fitness testing. Aerobic fitness – treadmills and bikes. Muscular endurance - body weight circuits. Muscular endurance – free weights. Muscular endurance – Super sets. Muscular strength – power development.</p> <p>Table Tennis Refining, grip, ready position and backhand push. Backhand topspin. Forehand topspin. Sliced serve. Outwitting an opponent (Singles gameplay). Outwitting an opponent (Doubles game play)</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops.</p>	<p>Badminton Overhead shot combinations. Refining underarm shot combinations.. Singles tactics – use of space. Singles tactics – deception. Outwitting an opponent Singles game play. Outwitting opponents Doubles game play.</p> <p>Health Related Fitness Baseline fitness testing. Aerobic fitness – treadmills and bikes. Muscular endurance - body weight circuits. Muscular endurance – free weights. Muscular endurance – Super sets. Muscular strength – power development.</p> <p>Table Tennis Refining, grip, ready position and backhand push. Backhand topspin. Forehand topspin. Sliced serve. Outwitting an opponent (Singles gameplay). Outwitting an opponent (Doubles game play)</p> <p>Orienteering 4 figure grid reference refresher 6 figure grid reference refresher 6 figure grid Relay race Terrain and photograph challenge Using bearings to locate markers</p>	<p>Badminton Overhead shot combinations. Refining underarm shot combinations.. Singles tactics – use of space. Singles tactics – deception. Outwitting an opponent Singles game play. Outwitting opponents Doubles game play.</p> <p>Health Related Fitness Baseline fitness testing. Aerobic fitness – treadmills and bikes. Muscular endurance - body weight circuits. Muscular endurance – free weights. Muscular endurance – Super sets. Muscular strength – power development.</p> <p>Table Tennis Refining, grip, ready position and backhand push. Backhand topspin. Forehand topspin. Sliced serve. Outwitting an opponent (Singles gameplay). Outwitting an opponent (Doubles game play)</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops.</p>	<p>Athletics Javelin Shot Long jump High jump Sprint Relay Pacing</p> <p>Badminton Overhead shot combinations. Refining underarm shot combinations.. Singles tactics – use of space. Singles tactics – deception. Outwitting an opponent Singles game play. Outwitting opponents Doubles game play.</p> <p>Health Related Fitness Baseline fitness testing. Aerobic fitness – treadmills and bikes. Muscular endurance - body weight circuits. Muscular endurance – free weights. Muscular endurance – Super sets. Muscular strength – power development.</p> <p>Table Tennis Refining, grip, ready position and backhand push. Backhand topspin. Forehand topspin. Sliced serve. Outwitting an opponent (Singles gameplay).</p>	<p>Athletics Javelin Shot Long jump High jump Sprint Relay Pacing</p> <p>Softball Rules and positionings Fielding and positioning Batting technique Conditioned game play. Full game play</p>

	<p>Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Design a course including grid reference/ bearings</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Outwitting an opponent (Doubles game play)</p> <p>Softball Rules and positionings Fielding and positioning Batting technique Conditioned game play. Full game play</p>	
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Year 11					
Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
<p>Basketball Application of skills through conditioned games (small sided games). Application of skills through conditioned games (full court games). Application of strategy (small sided games). Application of strategy (full court games). Application of skills (Full court games).</p> <p>Football Application of skills through conditioned games. Application of strategy through small sided games. Application of skills and tactics to large sided games.</p> <p>Netball Outwitting opponents: Effective movement of the ball when attacking. Outwitting opponents: Correct skills and tactic employed. Outwitting an opponent – attacking strategies as a team (interceptions) Outwitting an opponent – defensive strategies as a team Outwitting an opponent – Addressing weaknesses of own performance and others Application through game play: Demonstrating effective games play in at least one position.</p>	<p>Badminton Outwitting an opponent (Singles) Effective doubles play. Outwitting an opponent (Doubles)</p> <p>Health Related Fitness Baseline fitness testing. Aerobic fitness – treadmills and bikes. Muscular endurance - body weight circuits. Muscular endurance – free weights. Muscular endurance – Super sets. Circuit training</p> <p>Table Tennis Refine push shots and game play tactics. Refining backhand and forehand topspin. Outwitting an opponent (Singles game play). Outwitting an opponent (Doubles game play).</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Badminton Outwitting an opponent (Singles) Effective doubles play. Outwitting an opponent (Doubles)</p> <p>Health Related Fitness Baseline fitness testing. Aerobic fitness – treadmills and bikes. Muscular endurance - body weight circuits. Muscular endurance – free weights. Muscular endurance – Super sets. Circuit training</p> <p>Table Tennis</p> <p>Orienteering 4 figure grid reference refresher 6 figure grid reference refresher Using bearings Bearing / Grid reference code breaking Design a course using bearings. Design a course using grid references and bearings.</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Badminton Outwitting an opponent (Singles) Effective doubles play. Outwitting an opponent (Doubles)</p> <p>Health Related Fitness Baseline fitness testing. Aerobic fitness – treadmills and bikes. Muscular endurance - body weight circuits. Muscular endurance – free weights. Muscular endurance – Super sets. Circuit training</p> <p>Table Tennis Refine push shots and game play tactics. Refining backhand and forehand topspin. Outwitting an opponent (Singles game play). Outwitting an opponent (Doubles game play).</p> <p>Trampolining Shapes and twists. Seat drops. Linking core skills. Front drops. Back drops. Back to front drops. Front somersault. Creating a 10-bounce routine.</p>	<p>Athletics Javelin Shot Long jump High jump Sprint Relay Pacing</p> <p>Badminton Outwitting an opponent (Singles) Effective doubles play. Outwitting an opponent (Doubles)</p> <p>Health Related Fitness Baseline fitness testing. Aerobic fitness – treadmills and bikes. Muscular endurance - body weight circuits. Muscular endurance – free weights. Muscular endurance – Super sets. Circuit training</p> <p>Table Tennis Refine push shots and game play tactics. Refining backhand and forehand topspin. Outwitting an opponent (Singles game play). Outwitting an opponent (Doubles game play).</p> <p>Softball Rules and positionings Fielding and positioning Batting technique Conditioned game play. Full game play</p>	

NB – Activities are repeated throughout numerous blocks as different teaching groups participate in different sporting activities at any given time. This is due to access to facilities and equipment. By the end of the academic year, students will all complete the same activities.

Overview

Physical Education is a compulsory subject in the National Curriculum and is undertaken by all pupils in KS4. It is essential that suitable kit and appropriate footwear is worn for lessons. The school PE uniform of plain navy remains the requirement in Year 10 and 11.

A degree of choice in selecting which activity pathway to follow is usually possible, with the aim of ensuring pupils are well motivated to enjoy their participation, to make progress in their chosen activities and to develop healthy active lifestyles.

We offer a very wide range of sports:

- Team Games – Basketball, Football, Netball, Futsal
- Striking/Fielding Games – Softball
- Net Games – Badminton, Table tennis
- Gymnastic Sports – Gymnastics, Trampoline
- Fitness Activities – Aerobics/Circuits/HIIT, Indoor Rowing, Yoga
- Athletic Activities - Athletics
- Outdoor Adventurous Activities – Orienteering.

2-year curriculum overview

Physical Education (Sport Studies)



Heworth Grange School
Enriching Lives, Inspiring Ambitions



Proud to be part of
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Year 10

Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
<p>UNIT R185 - Sports performance and Leadership.</p> <p>TA4 Leading a sporting activity. <i>Leadership skills.</i></p> <p>TA1 Key components of performance. <i>Skills, tactics and decision making.</i> <i>Types of skills and practices.</i></p> <p>TA2 Developing core skills and tactics (TEAM SPORTS) <i>Development and implementation of core skills.</i> <i>Development and implementation of advanced skills.</i></p>	<p>UNIT R185 - Sports performance and Leadership.</p> <p>TA2 Developing core skills and tactics (TEAM SPORTS). <i>Development and implementation of tactics and decision making.</i> <i>Competitive games and performances.</i></p> <p>TA2 Applying practice methods to improve performance. <i>Reviewing performance.</i> <i>Development of practice methods to improve performance.</i> <i>Implementation of practice methods</i></p> <p>TA2 Developing core skills and tactics (INDIVIDUAL SPORTS). <i>Development and implementation of core skills.</i> <i>Development and implementation of advanced skills.</i> <i>Development and implementation of tactics and decision making.</i> <i>Competitive games and performances.</i></p>	<p>UNIT R185 - Sports performance and Leadership.</p> <p>TA2 Developing core skills and tactics (INDIVIDUAL SPORTS). <i>Development and implementation of core skills.</i> <i>Development and implementation of advanced skills.</i> <i>Development and implementation of tactics and decision making.</i> <i>Competitive games and performances.</i></p>	<p>UNIT R185 - Sports performance and Leadership.</p> <p>TA3. Organising and planning a sports activity <i>Organisation and safety</i></p> <p>TA3. Organising and planning a sports activity. <i>Key leadership skills</i> <i>Risk assessments and session plans.</i></p>	<p>UNIT R185 - Sports performance and Leadership.</p> <p>TA4. Leading a sports activity session. <i>Delivery of session plans.</i></p> <p>TA5. Reviewing leadership performance <i>Reviewing leadership performance.</i></p>	<p>UNIT R184 - Contemporary issues in sport.</p> <p>User groups. Barriers to participation. Factors affecting the popularity of sports. Emerging sports. Sporting values. Olympic values. Initiatives and campaigns. Etiquette and behaviour. Reasons for and against the use of PEDS PEDS education.</p>

Year 11

Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
<p>UNIT R186 - Sport and the media.</p> <p>TA1. The different sources of media that cover sport. <i>Different sources of media.</i> <i>The impact of media on sports clubs.</i> <i>Effective use of media.</i> <i>How the media promotes/raises the profile of sport</i></p> <p>TA2. Positive effects of the media. <i>Improving education - new/minority sports.</i> <i>Improving education - new rules/technologies.</i> <i>Spectatorship and sponsorship.</i></p> <p>TA2. Positive effects of the media. <i>Improving education - new/minority sports.</i> <i>Improving education - new rules/technologies.</i> <i>Spectatorship and sponsorship.</i></p>	<p>UNIT R186 - Sport and the media.</p> <p>TA2. Positive effects of the media. <i>Improving education - new/minority sports.</i> <i>Improving education - new rules/technologies.</i> <i>Spectatorship and sponsorship.</i></p> <p>TA3. Negative effects of the media. <i>Revenue and the wealth divide in sport.</i> <i>Coverage, scrutiny and criticism of participants.</i> <i>Athlete's mental health.</i></p>	<p>UNIT R184 - Contemporary issues in sport.</p> <p>User groups. Barriers to participation. Factors affecting the popularity of sports. Emerging sports. Sporting values. Olympic values. Initiatives and campaigns. Etiquette and behaviour. Reasons for and against the use of PEDS PEDS education.</p>	<p>UNIT R184 - Contemporary issues in sport.</p> <p>Features of a major sporting event. Legacies from major events. National Governing bodies and the development of their sport. The use of technology in sport.</p>	<p>UNIT R184 - Contemporary issues in sport.</p> <p>Exam preparation.</p>	