

Careers Information, Advice and Guidance

What Next?



**Full time study - school,
college or Training provider**

**Apprenticeship or
Traineeship**

A job

Volunteering full time

Raising of the Participation Age

All young people in England are required to remain in education or training up to the age of 18.

Young people have a choice about how they do this. It could be through:

- Full time study in school, at college or with a training provider
- Full time work or volunteering (20 hrs+) alongside part time regulated training/education (one day per week)
- An apprenticeship or traineeship

Gateshead Council's Careers Team

Gateshead Council's Careers Team want to make sure that you successfully move into your next step.

Who do we work with?

We work with young people aged between 15 -19. For those who are unemployed, we offer greater support to help you find at college, in work or in training.

What do we offer?

- Impartial Careers Information Advice and Guidance
- Extensive knowledge of young people's post-16 options (see next page)
- Extensive knowledge of the jobs market (+ entry qualifications and training)
- Occupational fact sheets (on any job imaginable – test us!)
- 1-1 individualised careers interviews (via 'Teams' or face-to-face)
- Help young people to consider and plan their own future
- Help with CVs
- Help with application forms
- Preparing for interviews

You can contact the Careers IAG Team on 0191 433 2785 or email

IAG@gateshead.gov.uk

You can also request a Careers IAG appointment at:

[Careers Information, Advice and Guidance \(IAG\) - Gateshead Council](#)

booking request button is at the bottom of the page.

What are those options?

Education (September start date only)

School 6th Form – Students typically study either A' levels or BTECs (GCSE 4+ needed)

College – Students can study either A' levels or vocational courses (T' levels & BTECs).

Examples of college courses (*see college websites for full list*):

- Business
- Construction, Engineering & Motor Vehicle Maintenance / Body Repair & Spray Painting
- Children, Health & Social Care
- Digital Technology (Games / Cyber Security / Software)
- Emergency Services / Military Preparation
- Hair & Beauty
- Hospitality & Catering
- Sports & Outdoor Adventure
- Foundation Learning: for students with special educational needs / ECHP

Colleges offer:

- **Open Evenings once a month** (see websites for details)
- **Taster Days** – where you can 'sample' a course before enrolling (see websites for details)

Here are some local colleges:

Gateshead College www.gateshead.ac.uk

Newcastle College www.ncl-coll.ac.uk

Newcastle Sixth Form College www.newcastlesixthformcollege.co.uk

Tyne Met College www.tynemet.ac.uk

Sunderland College www.sunderlandcollege.ac.uk

Training (Ongoing recruitment throughout the year)

- **Apprenticeship** – Employer-based learning (train in a specific career)
www.findapprenticeship.service.gov.uk

Apprenticeships often ask for specific qualifications before applying. If you do not have these qualifications you can look at a:

- **Traineeship** – These help you get work ready for your ideal job/apprenticeship by providing work experience with an employer, working on further English, maths and ICT qualifications all with the help and support of staff. They can last up to 6 months.
- **Study Programme** – This is a similar course to a traineeship but can last from 6-12 months giving you more time to become work ready and may give you the opportunity to work towards job related qualifications as well GCSE/ Functional Skills in English & maths

Here are some examples of local training providers

Learning Skills www.gateshead.gov.uk/applynow

NACRO www.nacro.org.uk/newcastle

Resources www.resourcesnortheast.co.uk

Trinity Solutions www.trinity.newcastle.sch.uk/solutions

A Job (Often these **will not** include formal training or qualifications)

Find a job in Gateshead - www.gateshead.gov.uk

We can help with completing application forms, creating CVs and approaching interviews with confidence

Examples of Job sites are:

www.indeed.co.uk and www.northeastjobs.org.uk

Other programmes of support:

Prince's Trust Boost your confidence with Team | Help getting a job | Help for young people www.princes-trust.org.uk

Working Gateshead www.gateshead.gov.uk

Benefits

Child Benefit

If you start a full-time college course, traineeship or study programme (more than 12 hours per week), your parents/carers may be able to claim Child Benefit. You may also be able to claim a bursary or get help with travel costs through your educational provider.

Universal Credit

18 year olds and some under 18s living independently from their parents/carers and for other special reasons can be entitled to make a claim for Universal Credit (benefit). If successful, you will be allocated a Work Coach who's job it is to help you look for work. Make a claim for Universal Credit online by using the following link

www.gov.uk/apply-universal-credit

Other useful websites

Apprenticeships www.gov.uk/apprenticeships

National Careers Service Careers advice

Job profiles, information and resources | National Careers Service

www.nationalcareers.service.gov.uk

SEND Local Offer Post-16 Learning Pathways

Gateshead Local Offer SEND 0 to 25 years

www.gateshead-localoffer.org



What next?

To make an appointment call 0191 433 2785,
email iag@gateshead.gov.uk or contact one of our team:

Team Manager - Lee Peacock

0191 433 3856

email: leepeacock@gateshead.gov.uk

Mike Chastney 0191 433 3213 email: mikechastney@gateshead.gov.uk

Suzanne Forsten 0191 433 3395 email: suzanneforsten@gateshead.gov.uk

David Humble 0191 433 3217 email: davidhumble@gateshead.gov.uk

Jason Storer 0191 433 3844 email: jasonstorer@gateshead.gov.uk

Gillian Willis 0191 433 3127 email: gillianwillis@gateshead.gov.uk



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 **Gateshead
Council**

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raising achievement for all